Step 1.
Open the Cisco AnyConnect VPN application.

Step 2.
Click Connections.

Step 3.
Click Add New VPN Connection.
Step 4.
Enter the Server Address: https://vpn.usu.edu/staff. Click OK.

Step 5.
Click Done. Then click the back arrow next to the logo and Connection Editor.

Step 6.
Toggle the Off to On.

Step 7.
Enter your A# as the Username, your university strong password as the Password, and push as the Second Password. This will send you a Duo Push. Click Connect.
Step 8.
Wait for the connection.

Step 9.
When it is toggled On, you are connected to the VPN.