

USU's M.Ed. in School Counseling Program Newsletter

The Official Newsletter of USU's M.Ed. in School Counseling Program



Welcome to our newest School Counseling program cohort! Thank you for choosing USU to pursue your goal of becoming a licensed, professional school counselor - we're thrilled to have you! Our incoming cohort consists of 59 students, joining us from 40 different cities across the state of Utah! We hosted our annual in-person orientation event in Logan this August.

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DR. JESSICA KOLTZ, DIRECTOR
MEG CAMPBELL, M.ED., PROGRAM COORDINATOR

Connect with your Student Advisory Board!

2022 Cohort (3rd Year)

Monique Scoville Mari Crawford Aron Kling

2023 Cohort (2nd Year)

Sasha Beorchia Laura Baird Nicki Sawaya

2024 Cohort (1st Year)

Rebecca Smith (Logan) Kaeli Macbeth (Kaysville)
Missy Adamson (SLC) Sadie Neilsen (Orem)

STUDENT
ADVISORY
BOARD
MEMBERS

Meet Dr. Anjanette Todd



Dr. Todd earned her Ph.D. in Counselor Education from the University of South Florida and received her M.Ed. in School Counseling from the University of Florida. She served as a school counselor for 13 years at the elementary, middle and high school levels supporting all students in the areas of academic, career and social/emotional development. Prior to starting at USU, she worked as an Assistant Professor of School Counseling at the University of Texas at El Paso. Her research interests surround school counselor self-care, the practice of self-compassion and mindfulness. On weekends, you can find her in nature exploring the beauty of Utah and spending quality time with her family, hiking new trails and embracing the beauty that the outdoors provides.

CONNECT - Year 1

During the first year of this program, I have grown to value and cherish the connections that have been made with peers and teachers! School Counselors and School Counseling Students are some of the best people you will find on this planet. They generally have a huge desire to build connections, encourage, serve others, and bring out the best in the people around them. Each person possesses their own individual talents and superpowers. Their experience and perspectives far surpass my limited knowledge and experience. I have learned that there is great strength within this program as we work together, rely on each other, and listen to each other. This group of peers will be the trusted people who I call when situations arise that leave me scratching my head. Take the time to truly listen to your peers and teachers. Build relationships with them! You will find that their knowledge and perspectives will greatly outweigh anything that you could ever find written in a book.

~Sasha B.

EXPAND - Year 2

The second year of our program was a period of remarkable expansion, both in knowledge and experience. The practicum was a key component, allowing me to move beyond theoretical concepts and immerse myself in hands-on learning at our sites. While the first year provided a strong foundation in school counseling, theory, and assessment, it was the practicum that truly expanded my understanding by putting these ideas into practice. The most fulfilling aspect was seeing how my expanded knowledge and skills could positively impact students on an individual level. I will never forget how meaningful each day, each interaction with students, and each conversation with my school site supervisor was, and how much I learned during that time. I feel very lucky to have worked with those students, teachers, and administration because I know that my ability to work as a school counselor was expanded and enriched through those experiences. Each interaction deepened my understanding, honed my skills, and reinforced my commitment to making a positive difference in the lives of students.

~Mari C.

LAUNCH - Year 3

Internship was truly the light at the end of the tunnel. It provided a great opportunity to learn and grow in a safe space as I was refining skills to use in my role as a future school counselor. I appreciated the feedback and collaboration that occurred in internship with my supervisor as well as my fellow classmates. Internship was the perfect launchpad into my career as a school counselor. ~Sydney B.

As you start internship, don't be afraid to rely on each other! Share resources, ideas, activities, books, and anything in between. The network you've built in this program will continue to support you, so make sure that you use it as you move forward. You're all in this together, and you are SO close to being done! ~Madison R.

Reminders & Save the Date

Absence Policy

Start of Fall semester is a good time to review the program attendance policy! Students are expected to regularly attend classes and field experiences (i.e., pre-practicum, practicum, and internship) without missing more than 20% of each course. This includes missing no more than three unexcused classes during fall, spring, or summer semester sessions. Please review the [Student Handbook](#) for additional details.

USCA Conference - November 14-15, 2024

- Program social Thursday evening Nov 14 in Provo, Utah - watch for additional details!

Rural Health Association of Utah Annual Conference - November 13-14, 2024

- St. George, Utah
- If you are unable to travel to Provo for USCA, our program will have a booth at the RHAU conference

If you have something you'd like to see featured in our program newsletter, and/or are willing to contribute content to be featured in a future newsletter, please reach out to Meg Campbell at meg.campbell@usu.edu.