

Emergency Preparedness

Have you considered how you should respond in an emergency? Do you have an action plan in place? What will you say when you dial 911?

RUN

- Communicate to those around you;
- Invite them to leave;
- Prevent others from going into unsafe areas;
- Evacuate. Even if others won't come with you.
- Don't spend time gathering belongings.

HIDE

- Only if it is unsafe, or you are unable, to escape:
- Find a room that can be locked or barricaded with heavy items.
- Close window blinds, turn off lights and make the area appear empty.
- Silence your phone and remain quiet.
- Do not open the door for anyone except the police.

FIGHT

- If you cannot run and you cannot hide:
- Plan an attack, and attack as a group, if there are others in your area.
- Find items around you to use as a weapon or throw at the aggressor.
- Act as aggressively as possible.
- Commit to your plan, group, and actions.

Take the steps to create a plan:

1

Consider your surroundings and resources:

- How will you escape?
- Where will you hide? Large, dense items can provide protection and concealment.
- What items in your workspace can be used as weapons? (e.g. scissors or fire extinguisher)
- Take the Run, Hide, Fight online training through USU Police.

2

Know what will happen in an emergency:

- The first officers on scene will not stop to help injured persons. Do not grab the officers or hold onto them.
- Remain calm and follow instructions from the officers. Do not point, yell or cause a disturbance.
- Put down any items in your hands and immediately raise your hands. Keep your hands visible.
- Evacuate out in the direction where the officers came
- Once you are safely evacuated, do not leave until you are instructed to do so.

3

What if the aggressor is in a different part of campus?

- Secure-in-place; lock the door and stay away from windows.
- Text loved ones to let them know you are okay.
- Wait for instructions from the USU Police or Code Blue Alert System.