



## winter fruit parfaits

Winter Fruit Parfaits are a filling and tasty way to celebrate the new year! Perfect for an easy breakfast, or festive brunch, these Greek yogurt parfaits are quick to whip up, easy to prep ahead, and super clean to eat!

5 from 1 vote

**Course:** Appetizer, Breakfast, Dessert   **Cuisine:** American  
**Prep Time:** 10 minutes   **Servings:** 4   **Author:** Nichole Crews

### Ingredients

- 2 cups plain Greek yogurt
- 1/4 cup honey, and comb honey chopped
- 1 cup granola

- 1 cup pecans, chopped
- 2 cups fresh winter fruit - **suggested: red apples, green apples, pomegranate arils**
- 4 tablespoons cacao nibs, for garnish - **optional**

## **Instructions**

1. To layer each parfait Spoon 2-3 tablespoons of yogurt into each glass and smooth surface. Add 1 tablespoon of honey.
2. Spoon 1 tablespoon of granola and 1 tbsp of pecans ovetop and smooth surface. Spoon 2 tablespoons of fruit ovetop and smooth surface.
3. Repeat the process, adding honey here and there, to taste for natural sweetness.

### **Did you make this recipe?**

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