

# November 2021 Faculty Spotlight

11/22/2021



Dr. Edward Heath

Dr. Ed Heath is a Professor in the Department of Kinesiology and Health Science.

His education includes University of Utah, B.S. in Physical Education (1982), University of Utah, M.S. (1989), Oregon State University, Ph.D. in Health and Human Performance (1991), as well as Postdoctoral Fellow positions at Ohio University (1991-92), The Fitness Institute, LHS Hospital (1992-93), and University of Utah in CV Genetics (1992-93). Dr. Heath was appointed at Utah State University in 1999.

**He has taught several courses for our program including:**

- KIN4100 Exercise Physiology
- KIN400 Measurement and Evaluation in Kinesiology
- KIN6490 Adv. CV Exercise Physiology
- KIN6460 Exercise ECG Interpretation

His research areas are school and community health promotion programs with primary roles for physical activity

and dietary changes, athletic amenorrhea, and power testing for athletes.

**Dr Heath's select professional experiences and honors include:**

- Faculty Athletics Representative (2014-present)
- Faculty Senate President/past President (2009-2011)
- Director Employee Wellness (1999-2007)
- Fellow American College of Sports Medicine (1998)
- Associate Professor with Tenure, University of Texas at El Paso (1993-1999)
- Collegiate tennis player and professional tennis coach (1980s)