

BACHELOR OF SCIENCE (BS) IN KINESIOLOGY

PHYSICAL EDUCATION TEACHING EMPHASIS

Disclaimer:

- This worksheet is intended for supplemental use only. The university will use your Degree Works worksheet (in my.usu.edu) to track your graduation requirements, including those for your major. Please continue to refer to Degree Works and your major academic advisor for accuracy.
- Course deliveries and which semesters they are traditionally offered are subject to change.
- **Please note: Students are responsible to fully investigate and verify admission requirements, including prerequisite courses, for any graduate or professional programs they plan to apply to.**

University Minimum Graduation Requirements:

- Total Credits: 120 earned credits minimum, 30 of these must be USU credits
- A GPA of 2.0 is required for courses taken at USU
- Total credits with C- or above: 100 credits minimum
- USU credits within the Major: 10 credits minimum
- Upper-Division credits (3000 level or above): 40 credits minimum,
- Upper-Division credits must be completed at USU: 20 credits minimum
- **Please note: A minimum of 72 of the 120 credits for the baccalaureate degree must carry the A, A-, B, B-, C+, C, C-, D+, D designation, unless the major department or college changes this limitation.**

Major Related Requirements:

- Admission: 2.75 overall GPA required
- Graduation: 2.75 overall GPA required
- All courses required for the major require a letter grade (e.g., A, A-, B+, B, B-, etc.). **Pass/Fail grading is not permitted for the major courses, excluding KIN 4300 and KIN 5630.**
- Teaching Minor is not required, but strongly recommended
- Secondary Teacher Education Program (STEP): Please note, in order to be accepted into the STEP program, students must have an overall GPA of 3.0 or above. All major coursework (KIN) requires a grade of C or better. Check with the major advisor for updated guidance on STEP requirements.

General Education Requirements:

Breadth Requirement	Course	Credits
<input type="checkbox"/> Communications Literacy 1 (CL1)	ENGL 1010	3
<input type="checkbox"/> Communications Literacy 2 (CL2)	ENGL 2010	3
<input type="checkbox"/> Quantitative Literacy (QL)	See emphasis	3
<input type="checkbox"/> Breadth Creative Arts (BCA)		3
<input type="checkbox"/> Breadth Humanities (BHU)		3
<input type="checkbox"/> Breadth Life Sciences (BLS)	NDFS 1020	3
<input type="checkbox"/> Breadth Physical Sciences (BPS)		3
<input type="checkbox"/> Breadth Social Sciences (BSS)		3
<input type="checkbox"/> Breadth American Institutions (BAI)		3
<input type="checkbox"/> Breadth Integrated Studies (BIS)		3

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Depth Education Requirements (University Studies)

Depth Requirement	Course	Credits
<input type="checkbox"/> Communications Intensive (CI)	KIN 3200	3
<input type="checkbox"/> Communications Intensive (CI)	KIN 4900	3
<input type="checkbox"/> Quantitative Intensive (QI)	KIN 4400	3
<input type="checkbox"/> Depth Humanities/Creative Arts (DHA)		2
<input type="checkbox"/> Depth Social Sciences (DSS)	SCED 3210	3

Emphasis in Physical Education Teaching

42-80 credits total

Prerequisite Required Courses: 14-18 credits

Courses	Semester	Credits
<input type="checkbox"/> BIOL 2320: Human Anatomy (lab included)	F, Sp, Su	4
<input type="checkbox"/> BIOL 2420: Human Physiology (lab included)	F, Sp, Su	4
<input type="checkbox"/> HEP 2000: First Aid or Provide a copy of current First Aid/CPR cert. (no college credit for certification option)	F, Sp	2
<input type="checkbox"/> KIN 3000: Principles of Fitness or PE 3000 Dynamic Fitness (online)	F, Sp	3
<input type="checkbox"/> NDFS 1020 (BLS): Science and Application of Human Nutrition	F, Sp, Su	3
<input type="checkbox"/> Math 1050 (QL) or higher or STAT 1040 (QL) or STAT 1045 (QL) or acceptable math exam score	F, Sp, Su	3-5

***BIOL 2420 Prerequisite(s):** One of the following: BIOL 1010, BIOL 1610, BIOL 2060, BIOL 2320, CHEM 1010, CHEM 1110, CHEM 1210, USU 1350, AP Biology or AP Chemistry with a score of 3 or higher.

***Math 1050 Prerequisite(s):** One of the following within the last year or three consecutive semesters (including summer): ACT Math score of at least 23 or equivalent SAT math score, AP Calculus AB score of at least 3, grade of C- or better in Math 995, or Satisfactory score on ALEKS Math Placement Exam.

***STAT 1040 Prerequisite(s):** One of the following within the last year or three consecutive semesters (including summer): ACT Math score of 19 or higher or equivalent SAT math score, AP Calculus AB score of at least 3, Grade of C- or better in MATH 995 or MATH 1010, Grade of C- or better in MATH 1050 or 1100, or satisfactory score on ALEKS Math Placement Exam.

***STAT 1045 Prerequisite(s):** One of the following within the last year or three consecutive semesters (including summer): ACT Math score of 16 or higher or equivalent SAT math score, grade of C- or better in MATH 0950, or Satisfactory score on the ALEKS Math Placement Exam.

Physical Education Teaching Required Courses

Skill Development: 5 credits

Complete all of the following:

Courses	Semester	Credits
<input type="checkbox"/> KIN 2100: Skills 1 (Swimming, Volleyball, Football)	Sp	1
<input type="checkbox"/> KIN 2200: Skills 2 (Lifetime Activities)	F, Sp	1
<input type="checkbox"/> KIN 2300: Skills 3 (Softball, Basketball, Soccer)	F	1

**prerequisites*

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<input type="checkbox"/> KIN 2400: Skills 4 (Tennis, Badminton, Track/Field)	F	1
<input type="checkbox"/> KIN 2500: Skills 5 (Dance Activities) or an approved P.E. Dance Course	TBD	1

*KIN 2500: If this course is not offered, please check with advisor for an approved P.E. dance course substitute

Professional Development Required Courses: 11 credits

Complete all of the following:

Courses	Semester	Credits
<input type="checkbox"/> KIN 2000: Introduction to Kinesiology	F, Sp	2
<input type="checkbox"/> KIN 3050: Physical Education in Elementary School	F, Sp	3
<input type="checkbox"/> KIN 3100: Athletic Injuries	F, Sp, Su	3
<input type="checkbox"/> KIN 3200 (CI): Motor Learning & Technology in Skills Analysis	F, Sp	3

*KIN 3050 Prerequisite(s): Completion of 45 credits prior to registration

*KIN 3200 Prerequisite(s): Admission to the Kinesiology or Elementary Education or Pre-Elementary Education program.

Professional Foundations Required Courses: 12 credits

Complete all of the following:

Courses	Semester	Credits
<input type="checkbox"/> KIN 3250: Anatomical Kinesiology	F, Sp, Su	3
<input type="checkbox"/> KIN 4100: Exercise Physiology	F, Sp, Su	4
<input type="checkbox"/> KIN 4350: Administration and Classroom Management of Physical Education	F	2
<input type="checkbox"/> KIN 4400 (QI): Measurement and Evaluation in Kinesiology	F, Sp, Su	3

*KIN 3250 Prerequisite(s): BIOL 2320

*KIN 4100 Prerequisite(s): BIOL 2320, BIOL 2420, KIN 2000 or 2020, and MATH 1050 or higher or STAT 1040 or 1045 or ACT Math score 25 or higher or equivalent SAT MATH score or AP calculus AB score of 3 or higher.

*KIN 4400 Prerequisite(s): KIN 2000 or KIN 2020; Enrollment in a KHS major.

Electives (Optional): 3-6 credits

Choose one or both from the following options:

Course(s)	Semester	Credits
<input type="checkbox"/> KIN 4000: Mental Aspects of Sport Performance	F, Sp	3
<input type="checkbox"/> KIN 4500: Motivational Strategies for Physical Education and Coaching	F, Sp	3

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Secondary Teacher Education Program (STEP) Admission Requirements

STEP Admission: https://cehs.usu.edu/teal/undergraduate/STEP-admissions
<input type="checkbox"/> 3.0 or above Overall GPA to enter STEP and to graduate from STEP
<input type="checkbox"/> 3 credits of English with C+ or better
<input type="checkbox"/> Three Breadth Courses with C or better grade
<input type="checkbox"/> Clearance of criminal background check
<input type="checkbox"/> Application for admission to Secondary Teacher Educational Preparation (STEP) Program
<input type="checkbox"/> All teacher education and major courses (KIN) require a C grade or better
<input type="checkbox"/> PPAT, a portfolio, and an interview are required before student teaching. Praxis may be required for a minor, depends upon the teaching minor selected.
<input type="checkbox"/> Application is required for student teaching

STEP – Professional Education Framework for Secondary Teacher Preparation: 28 credits

Complete the following for STEP:

Course(s)	Credits
<input type="checkbox"/> ITLS 5500: Integration & Innovation of Technology in Education	3
<input type="checkbox"/> SCED 3210 (CI/DSS): Educational & Multicultural Foundations	3
<input type="checkbox"/> SCED 5200 (CI): Language, Literacy and Learning in the Content Areas	3
<input type="checkbox"/> SPED 4000: Education of Students with Disabilities	3
<input type="checkbox"/> KIN 4300: Clinical Experience II	1
<input type="checkbox"/> KIN 4900 (CI): Methods of Physical Education	3
<input type="checkbox"/> KIN 5500: Student Teaching Seminar	2
<input type="checkbox"/> KIN 5630: Student Teaching in Secondary Schools	10

*SCED 5200 Prerequisite(s): Admission to the Secondary Teacher Education Program (STEP)

*SPED 4000 Prerequisite(s): Admission into Teacher Education program or COMD 3200 with a B- or higher grade

*KIN 4300 Prerequisite(s): Admission into Teacher Education program

*KIN 4900 Prerequisite(s): KIN 2000; Admission to the Teacher Education program and Corequisite: KIN 3300 or KIN 4300

*KIN 5500 Prerequisite(s): KIN 4900, completion of Level I and II field experiences

*KIN 5630 Prerequisite(s): KIN 4900, completion of Level I and II field experiences