CATALOG YEAR: 2023-24 UTAH STATE UNIVERSITY

BACHELOR OF SCIENCE (BS) IN HEALTH EDUCATION AND PROMOTION COMMUNITY HEALTH EMPHASIS

Disclaimer:

- This worksheet is intended for supplemental use only. The university will use your Degree Works worksheet (in my.usu.edu) to track your graduation requirements, including those for your major. Please continue to refer to Degree Works and your major academic advisor for accuracy.
- Course deliveries and which semesters they are traditionally offered are subject to change.
- Please note: Students are responsible to fully investigate and verify admission requirements, including prerequisite courses, for any graduate or professional programs they plan to apply to.

University Minimum Graduation Requirements:

- Total Credits: 120 earned credits minimum, 30 of these must be USU credits
- A GPA of 2.0 is required for courses taken at USU
- Total credits with C- or above: 100 credits minimum
- USU credits within the Major: 10 credits minimum
- Upper-Division credits (3000 level or above): 40 credits minimum,
- Upper-Division credits must be completed at USU: 20 credits minimum
- **Please note:** A minimum of 72 of the 120 credits for the baccalaureate degree must carry the A, A-, B, B-, C+, C, C-, D+, D designation, unless the major department or college changes this limitation.

Major Related Requirements:

- Admission: 2.75 overall GPA required
- Graduation: 2.75 overall GPA required
- All HEP-prefix required courses must be a C- or better grade
- All courses required for the major require a letter grade (e.g., A, A-, B+, B, B-, etc.). Pass/Fail grading is not permitted for the major courses.

General Education Requirements:

Breadth	Requirement	Course	Credits
	Communications Literacy 1 (CL1)	ENGL 1010	3
	Communications Literacy 2 (CL2)	ENGL 2010	3
	Quantitative Literacy (QL)	STAT 1040 or 1045	3
	Breadth Creative Arts (BCA)		3
	Breadth Humanities (BHU)		3
	Breadth Life Sciences (BLS)	NDFS 1020	3
	Breadth Physical Sciences (BPS)		3
	Breadth Social Sciences (BSS)	HEP 1500	3
	Breadth American Institutions (BAI)		3
	Breadth Integrated Studies (BIS)		3

Depth Education Requirements (University Studies)

Depth Requirement Course		Credits
☐ Communications Intensive (CI)	HEP 3600	3
☐ Communications Intensive (CI)	HEP 5000	3
☐ Quantitative Intensive (QI)	HEP 4200	3
☐ Depth Humanities/Creative Arts (DHA)		2
☐ Depth Social Sciences (DSS)		3

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Emphasis in Community Health 69 credits total

Health Education and Promotion Core Required Courses: 36 credits

Complete all of the following:

Courses	Semester	Credits
☐ HEP 2000: First Aid and Emergency Care	F, Sp	2
☐ HEP 2500: Health and Wellness	F, Sp	2
☐ HEP 3000: Drugs and Human Behavior	F, Sp	3
☐ HEP 3600 (CI): Introduction to Community Health	F, Sp, Su	3
☐ HEP 3700: Introduction to Epidemiology for Health Educators	F, Sp	3
☐ HEP 4100: Foundations of Community Health	F, Sp	3
☐ HEP 4800: Human Diseases	F, Sp	3
☐ KIN 5000 (CI): Health Equity	F, Sp	3
☐ KIN 5400: Prevention Strategies for Obesity and Disordered Eating	F, Sp	3
☐ BIOL 2320: Human Anatomy (lab included)	F, Sp, Su	4
☐ BIOL 2420: Human Physiology (lab included)	F, Sp, Su	4
☐ NDFS 1020 (BLS): Science and Application of Human Nutrition	F, Sp, Su	3
Statistics – Any statistics course is required for HEP 3700, and STAT 1040 or 1045 are the most commonly taken options.		

^{*}HEP 3700 Prerequisite(s): Completion of any statistics class

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^{*}HEP 4100 Prerequisite(s): HEP 2500

^{*}HEP 5000 Prerequisite(s): ENGL 2010, HEP 2500, and HEP 4100

^{*}BIOL 2420 Prerequisite(s): One of the following: BIOL 1010, BIOL 1610, BIOL 2060, BIOL 2320, CHEM 1010, CHEM 1110, CHEM 1210, USU 1350; AP Biology or AP Chemistry with a score of 3 or higher.

^{*}STAT 1040 Prerequisite(s): One of the following within the last year or three consecutive semesters (including summer): ACT Math score of 19 or higher or equivalent SAT math score, AP Calculus AB score of at least 3, Grade of C- or better in MATH 995 or MATH 1010, Grade of C- or better in MATH 1050 or 1100, or satisfactory score on ALEKS Math Placement Exam.

^{*}STAT 1045 Prerequisite(s): One of the following within the last year or three consecutive semesters (including summer): ACT Math score of 16 or higher or equivalent SAT math score, grade of C- or better in MATH 0950, or Satisfactory score on the ALEKS Math Placement Exam.

BACHELOR OF SCIENCE (BS) IN HEALTH EDUCATION AND PROMOTION COMMUNITY HEALTH EMPHASIS

Community Health Professional Core Required Courses: 27 credits

Complete all of the following:

Courses	Semester	Credits
☐ HEP 3900: Social Marketing in Health Education	Sp	3
☐ HEP 4200 (QI): Program Planning for Health Education	F	3
☐ HEP 4205: Program Management and Evaluation for Health Education	Sp	3
☐ HEP 4400: Leadership, Policy, and Advocacy in Health	Sp	3
☐ HEP 4600: Field Work in Health Education	F, Sp, Su	6
☐ ITLS 4205: Integrated Multimedia Production	F, Su	3
□ NDFS 3080: Community Nutrition	F	3
☐ PSY 3010 (QI): Psychological Statistics	F, Sp, Su	3

^{*}HEP 4200 Prerequisite(s): One of the following: MATH 1030, MATH 1050, STAT 1040, or STAT 1045

ANTH 3110 (DSS):

3 credits

Community Health Required Electives: 6 credits total

Students must complete at least 6 credits, taking at least one course from two of the following three areas.

Human Nature: Choose 0-3 credits

ANTH 4130 (DSS): Introduction to Medical Anthropology 3 credits HDFS 1500 (BSS): Human Development Across the Lifespan 3 credits HDFS 3110: Human Sexuality 3 credits HDFS/PSY 3700: Mental Health Advocacy and Awareness 3 credits HEP 1500 (BSS): Global Health: Disparities, Determinants, 3 credits Strategies and Outcomes HEP 5250: Global Health & Service Learning 3 credits HIST 3910: Health, Disease, and Medicine in NA 3 credits PSY 1010: General Psychology 3 credits PSY 1100: Lifespan Development 3 credits PSY 4240 (DSS): Multicultural Psychology 3 credits SOC 2370 (BSS): Sociology of Gender 3 credits SOC 3010 (DSS): Social Inequality 3 credits SOC 3330 (DSS): Medical Sociology 3 credits SOC 3330 (DSS): Medical Sociology 5 Gender 3 credits SOC 3010: Human Behavior in the Social Environment 3 credits	ANTITI 3110 (D33).	North American maian cultures	J Cicuits
HDFS 3110: Human Sexuality 3 credits HDFS/PSY 3700: Mental Health Advocacy and Awareness 3 credits HEP 1500 (BSS): Global Health: Disparities, Determinants, Strategies and Outcomes HEP 5250: Global Health & Service Learning 3 credits HIST 3910: Health, Disease, and Medicine in NA 3 credits PSY 1010: General Psychology 3 credits PSY 1100: Lifespan Development 3 credits PSY 4240 (DSS): Multicultural Psychology 3 credits SOC 2370 (BSS): Sociology of Gender 3 credits SOC 3010 (DSS): Social Inequality 3 credits SOC 3330 (DSS): Medical Sociology 3 credits	ANTH 4130 (DSS):	Introduction to Medical Anthropology	3 credits
HDFS/PSY 3700: Mental Health Advocacy and Awareness 3 credits HEP 1500 (BSS): Global Health: Disparities, Determinants, 3 credits Strategies and Outcomes HEP 5250: Global Health & Service Learning 3 credits HIST 3910: Health, Disease, and Medicine in NA 3 credits PSY 1010: General Psychology 3 credits PSY 1100: Lifespan Development 3 credits PSY 4240 (DSS): Multicultural Psychology 3 credits SOC 2370 (BSS): Sociology of Gender 3 credits SOC 3010 (DSS): Social Inequality 3 credits SOC 3330 (DSS): Medical Sociology 3 credits	HDFS 1500 (BSS):	Human Development Across the Lifespan	3 credits
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HEP 5250: Global Health & Service Learning 3 credits HIST 3910: Health, Disease, and Medicine in NA 3 credits PSY 1010: General Psychology 3 credits PSY 1100: Lifespan Development 3 credits PSY 4240 (DSS): Multicultural Psychology 3 credits SOC 2370 (BSS): Sociology of Gender 3 credits SOC 3010 (DSS): Social Inequality 3 credits SOC 3330 (DSS): Medical Sociology 3 credits	HEP 1500 (BSS):	Global Health: Disparities, Determinants,	3 credits
HIST 3910: Health, Disease, and Medicine in NA 3 credits PSY 1010: General Psychology 3 credits PSY 1100: Lifespan Development 3 credits PSY 4240 (DSS): Multicultural Psychology 3 credits SOC 2370 (BSS): Sociology of Gender 3 credits SOC 3010 (DSS): Social Inequality 3 credits SOC 3330 (DSS): Medical Sociology 3 credits		Strategies and Outcomes	
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PSY 1100: Lifespan Development 3 credits PSY 4240 (DSS): Multicultural Psychology 3 credits SOC 2370 (BSS): Sociology of Gender 3 credits SOC 3010 (DSS): Social Inequality 3 credits SOC 3330 (DSS): Medical Sociology 3 credits	HIST 3910:	Health, Disease, and Medicine in NA	3 credits
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SOC 2370 (BSS):Sociology of Gender3 creditsSOC 3010 (DSS):Social Inequality3 creditsSOC 3330 (DSS):Medical Sociology3 credits	PSY 1100:	Lifespan Development	3 credits
SOC 3010 (DSS): Social Inequality 3 credits SOC 3330 (DSS): Medical Sociology 3 credits	PSY 4240 (DSS):	Multicultural Psychology	3 credits
SOC 3330 (DSS): Medical Sociology 3 credits	SOC 2370 (BSS):	Sociology of Gender	3 credits
	SOC 3010 (DSS):	Social Inequality	3 credits
SW 2100: Human Behavior in the Social Environment 3 credit	SOC 3330 (DSS):	Medical Sociology	3 credits
	SW 2100:	Human Behavior in the Social Environment	3 credit

North American Indian Cultures

Course(s)	Credits

^{*}HDFS 3110 Prerequisite(s): HDFS 1500, HDFS 2400, Fulfillment of Communications Literacy CL2 requirement, and Junior Standing

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^{*}HEP 4205 Prerequisite(s): HEP 4200

^{*}HEP 4600 Prerequisite(s): HEP 3600, HEP 4100, HEP 4200 and instructor permission. This is a 400-hour internship experience.

^{*}NDFS 3080 Prerequisite(s): NDFS 1020

^{*}PSY 3010 Prerequisite(s): One of the following: STAT 1040 with grade of C or better, STAT 1045 with grade of C or better, STAT 2000 with grade of C or better, or AP Statistics with a passing grade.

^{*}PSY 1100 Prerequisite(s): PSY 1010

^{*}PSY 4240 Prerequisite(s): PSY 1010

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Content and Methods in Education: Choose 0-3 credits

CMST 1020 (BHU):	Public Speaking	3 credits
CMST 4700 (CI):	Health Communications	3 credits
HEP 3200:	Consumer Health	3 credits
HEP 3400:	Stress Management	3 credits
HEP 3800:	Health Care Systems	3 credits
HEP 4000:	Health Services Administration	3 credits
HEP 5700:	Special Topics in Health	1-6 credits
JCOM 1130:	News Writing	3 credits
JCOM 2220:	Introduction to Video Media	3 credits
NDFS 2020:	Nutrition Throughout the Life Cycle	3 credits
KIN 4100:	Exercise Physiology	4 credits
PUBH 4030:	Communicable Disease Control	3 credits
PUBH 4040:	Fundamentals of Epidemiology	3 credits
SOC 3750 (DSS):	Sociology of Aging	3 credits

Course(s)	Credits

^{*}CMST 4700 Prerequisite(s): CMST 2110 or instructor permission

Organizational Dynamics in the Family and Community: Choose 0-3 credits

CMST 3250 (CI): Organizational Communication 3 credits HDFS 3100: Abuse and Neglect in Family Context 3 credits HEP 4250: Advanced Cooperative Work Experience 1-15 credits JCOM 2300: Introduction to Public Relations 3 credits MSLE 3110 (DSS): Managing Organizations and People 3 credits MSLE 3820 (DSS): International Management 2 credits POLS 3810 (DSS): Introduction to Public Policy 3 credits	CMST 2110 (BHU):	Interpersonal Communication	3 credits
HEP 4250:Advanced Cooperative Work Experience1-15 creditsJCOM 2300:Introduction to Public Relations3 creditsMSLE 3110 (DSS):Managing Organizations and People3 creditsMSLE 3820 (DSS):International Management2 credits	CMST 3250 (CI):	Organizational Communication	3 credits
JCOM 2300:Introduction to Public Relations3 creditsMSLE 3110 (DSS):Managing Organizations and People3 creditsMSLE 3820 (DSS):International Management2 credits	HDFS 3100:	Abuse and Neglect in Family Context	3 credits
MSLE 3110 (DSS): Managing Organizations and People 3 credits MSLE 3820 (DSS): International Management 2 credits	HEP 4250:	Advanced Cooperative Work Experience	1-15 credits
MSLE 3820 (DSS): International Management 2 credits	JCOM 2300:	Introduction to Public Relations	3 credits
. ,	MSLE 3110 (DSS):	Managing Organizations and People	3 credits
POLS 3810 (DSS): Introduction to Public Policy 3 credits	MSLE 3820 (DSS):	International Management	2 credits
	POLS 3810 (DSS):	Introduction to Public Policy	3 credits
PUBH 3120: Family and Community Health 3 credits	PUBH 3120:	Family and Community Health	3 credits
PUBH 3310: Occupational Health and Safety 3 credits	PUBH 3310:	Occupational Health and Safety	3 credits
SW 2400: Social Work with Diverse Populations 3 credits	SW 2400:	Social Work with Diverse Populations	3 credits
SW 3750 Community Health and Social Work 3 credits	SW 3750	Community Health and Social Work	3 credits

Course(s)	Credits

^{*}CMST 3250 Prerequisite(s): CMST 2110 or instructor permission

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^{*}JCOM 1130 Prerequisite(s): Fulfillment of Communications Literacy CL1 requirement

^{*}NDFS 2020 Prerequisite(s): NDFS 1020

^{*}KIN 4100 Prerequisite(s): BIOL 2320, BIOL 2420; KIN 2000 or KIN 2020; and MATH 1050 or STAT 1040 or STAT 1045 or ACT MATH score of 25 or higher or equivalent SAT math score or AP Calculus AB score of 3 or higher

^{*}PUBH 4030 Prerequisite(s): One of the following: BIOL 1610, BIOL 2060, or BIOL 2420

^{*}PUBH 4040 Prerequisite(s): A course in statistics is recommended

^{*}HDFS 3100 Prerequisite(s): Sophomore Standing, HDFS 1500, HDFS 2400

^{*}PUBH 3120: Taught every odd year in the spring