

PHYSICAL EDUCATION COACHING MINOR

Disclaimer:

- This worksheet is intended for supplemental use only. The university will use your Degree Works worksheet (in my.usu.edu) to track your graduation requirements, including those for your minor. Please continue to refer to Degree Works and your minor academic advisor for accuracy.
- Course deliveries and which semesters they are traditionally offered are subject to change.

Minor Related Requirements:

- Admission: 2.75 overall GPA required
- Graduation: 2.75 overall GPA required
- All courses required for the minor require a letter grade (e.g., A, A-, B+, B, B-, etc.). **Pass/Fail grading is not permitted for the minor courses, excluding KIN 3300.**
- **This minor cannot be completed alone without completion of a bachelor’s degree.**
- Secondary Teacher Education Program (STEP): Please note, in order to be accepted into the STEP program, students must have an overall GPA of 3.0 or above. All minor coursework (KIN) requires a grade of C or better. Check with the minor advisor for updated guidance on STEP requirements.

Physical Education Coaching Core Requirements: 32-41 credits total

Skill Development: 3 credits

Complete at least three of the following total 3 credits:

KIN 2100:	Skills 1 (Swimming, Volleyball, Football)	1 credit
KIN 2200:	Skills 2 (Lifetime Activities)	1 credit
KIN 2300:	Skills 3 (Softball, Basketball, Soccer)	1 credit
KIN 2400:	Skills 4 (Tennis, Badminton, Track/Field)	1 credit
KIN 2500:	Skills 5 (Dance Activities)	1 credit

Courses	Credits
<input type="checkbox"/>	1
<input type="checkbox"/>	1
<input type="checkbox"/>	1

*KIN 2500: If this course is not offered, please check with advisor for an approved P.E. dance course substitute

Prerequisite Required Courses: 13-15 credits

Complete all of the following:

Courses	Semester	Credits
<input type="checkbox"/> BIOL 2320: Human Anatomy (lab included)	F, Sp, Su	4
<input type="checkbox"/> BIOL 2420: Human Physiology (lab included)	F, Sp, Su	4
<input type="checkbox"/> HEP 2000: First Aid or Provide a copy of current First Aid/CPR cert. (no college credit for certification option)	F, Sp	2

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<input type="checkbox"/> KIN 2000: Introduction to Kinesiology	F, Sp	2
<input type="checkbox"/> KIN 3000: Principles of Fitness or PE 3000 Dynamic Fitness (online)	F, Sp	3

***BIOL 2420 Prerequisite(s):** One of the following: BIOL 1010, BIOL 1610, BIOL 2060, BIOL 2320, CHEM 1010, CHEM 1110, CHEM 1210, USU 1350, AP Biology or AP Chemistry with a score of 3 or higher.

***KIN 3000 or PE 3000 (online):** Choose one or the other, not both.

Professional Foundation Required Courses: 10 credits

Complete all of the following:

Courses	Semester	Credits
<input type="checkbox"/> KIN 2050: Sport Rules and Regulations of the Utah High School Athletic Association	F, Sp	1
<input type="checkbox"/> KIN 4100: Exercise Physiology	F, Sp, Su	4
<input type="checkbox"/> KIN 4350: Administration and Classroom Management of Physical Education	F	2
<input type="checkbox"/> KIN 4500: Motivational Strategies for Physical Education and Coaching	F, Sp	3

***KIN 4100 Prerequisite(s):** BIOL 2320, BIOL 2420, KIN 2000 or KIN 2020; and MATH 1050 or STAT 1040 or STAT 1045 or ACT Math score of 25 or higher or equivalent SAT math score or AP Calculus AB score of 3 or higher

Elective Required Courses: 6 credits

Complete at least two of the following totaling 6 credits:

KIN 3100:	Athletic Injuries	3 credits
KIN 3200 (CI):	Motor Learning & Technology in Skills Analysis	3 credits
KIN 4000:	Mental Aspects of Sports Performance	3 credits

Courses	Credits
<input type="checkbox"/>	3
<input type="checkbox"/>	3

***KIN 3200 Prerequisite(s):** Admission to the Kinesiology or Elementary Education or Pre-Elementary Education program.

Secondary Teacher Education Program (STEP) Requirements: 7 credits

Required for students seeking teacher licensure

Complete all of the following if pursuing STEP:

Courses	Semester	Credits
<input type="checkbox"/> NDFS 1020: Science and Application of Human Nutrition	F, Sp, Su	3
<input type="checkbox"/> KIN 3300: Clinical Experience I	F	1
<input type="checkbox"/> KIN 4900 (CI): Methods of Physical Education	F	3

***KIN 3300 Prerequisite(s):** Admission into Teacher Education Program

***KIN 4900 Prerequisite(s):** KIN 2000; Admission into Teacher Education Program