



Bachelor of Science (BS) Kinesiology – Physical Education Teaching Emphasis

Disclaimer:

- ❖ This worksheet is intended for supplemental use only. The university will use your Degree Works worksheet (in my.usu.edu) to track your graduation requirements, including those for your major. Please refer to Degree Works and your primary academic advisor for accuracy.
- ❖ Course deliveries and which semesters they are traditionally offered are subject to change.
- ❖ **Please note: Students are responsible for thoroughly investigating and verifying admission requirements, including prerequisite courses, for any graduate or professional programs they plan to apply to.**

University Minimum Graduation Requirements

- ❖ Total Credits: 120 earned credits minimum; 30 of these must be USU credits, including 10 within the major
- ❖ A GPA of 2.0 is required to be in good standing for graduation and a 2.0 GPA is required for courses taken at USU
- ❖ Total credits with C- or above: 100 credits minimum
- ❖ Upper-Division credits (3000 level or above): 40 credits minimum,
- ❖ Upper-Division credits must be completed at USU: 20 credits minimum
- ❖ **Please note: A minimum of 72 of the 120 credits for the baccalaureate degree must carry the A, A-, B, B-, C+, C, C-, D+, D designation, unless the major department or college changes this limitation.**

Major Requirements:

- ❖ **Admission:** New Freshmen – admitted in good standing, Transfer and Current students - 2.0 overall GPA required
- ❖ **Graduation: 2.0 overall GPA required**
- ❖ All courses required for the major require a letter grade (e.g., A, A-, B+, B, B-, etc.). **Pass/Fail grading is not permitted for the major courses, excluding KIN 4300 and KIN 5630.**
- ❖ Teaching minor is not required, but it is strongly recommended.

General Education Requirements

Complete all of the following:

Breadth Requirement	Course	Credits
Communications Literacy 1 (CL1)	ENGL 1010	3
Communications Literacy 2 (CL2)	ENGL 2010 or 2020	3
Quantitative Literacy (QL)	See emphasis	3-5
Breadth Creative Arts (BCA)		3
Breadth Humanities (BHU)		3
Breadth Life Sciences (BLS)	NDFS 1020	3
Breadth Physical Sciences (BPS)		3
Breadth Social Sciences (BSS)		3
Breadth American Institutions (BAI)		3
Breadth Integrated Studies (BIS)		3

Depth Education Requirements (University Studies)

Complete all of the following:

Depth Requirement	Course	Credits
Communications Intensive (CI)	KIN 3200	3
Communications Intensive (CI)	KIN 4900	3
Quantitative Intensive (QI)	KIN 4400	3
Depth Humanities/Creative Arts (DHA)		2
Depth Social Sciences (DSS)	SCED 3210	3



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Prerequisite Courses: 19 credits

Complete all of the following:

Courses	Semester	Credits
BIOL 2320: Human Anatomy	F, Sp, Su	4
BIOL 2420: Human Physiology	F, Sp, Su	4
HEP 2000: First Aid and Emergency Care	F, Sp	2
KIN 3000: Principles of Fitness or PE 3000: Dynamic Fitness (online)	F, Sp	3
NDFS 1020 (BLS): Science and Application of Human Nutrition	F, Sp, Su	3
Math: Math 1050 or higher or STAT 1040/45 or higher or acceptable math exam score	Fa, Sp	3-5

***OSHA-approved First Aid and CPR certification can be accepted for no college credit instead of taking HEP 2000.**

Skill Development Courses: 5 credits

Complete all of the following:

Courses	Semester	Credits
KIN 2100: Skills 1 (Swimming, Volleyball, Football)	Sp	1
KIN 2200: Skills 2 (Lifetime Activities)	F, Sp	1
KIN 2300: Skills 3 (Softball, Basketball, Soccer)	F	1
KIN 2400: Skills 4 (Tennis, Badminton, Track and Field)	F	1
KIN 2500: Skills 5 (Dance Activities)	TBD	1

***If KIN 2500 is not offered, the student may take any P.E. dance activity or a Yoga course with the academic advisor's approval.**

Professional Development Courses: 14 credits

Complete all of the following:

Course	Semester	Credits
KIN 2000: Introduction to Kinesiology	F, Sp	2
KIN 3050: Physical Education in Elementary School	F, Sp	3
KIN 3100: Athletic Injuries	F, Sp, Su	3
KIN 3200 (CI): Motor Learning & Technology in Skills Analysis	F, Sp	3
KIN 3500: Adapted Physical Education	Sp	3

Professional Foundations Courses: 12 credits

Complete all of the following:

Course	Semester	Credits
KIN 3250: Anatomical Kinesiology	F, Sp, Su	3
KIN 4100: Exercise Physiology	F, Sp, Su	4
KIN 4350: Administration and Classroom Management of Physical Education	F	2
KIN 4400 (QI): Measurement and Evaluation in Kinesiology	F, Sp, Su	3

Electives (Optional): 3-6 credits

Choose one or both from the following:

Course	Semester	Credits
KIN 4000: Mental Aspects of Sport Performance	F, Sp	3
KIN 4500: Motivational Strategies for Physical Education and Coaching	F, Sp	3



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**Secondary Teacher Education Program
 (STEP) Admission Requirements**

- ❖ 2.0 or higher cumulative GPA
- ❖ Three credits of English Composition with a C+ grade or higher
- ❖ Three Breadth courses completed (minimum grades of C)
- ❖ Cleared background check through the Utah State Board of Education (BCI/FBI)
- ❖ Completing a minor is no longer required for P.E. Teaching, but a minor or a teaching endorsement is strongly encouraged.
- ❖ Completion of Application for Admission to Secondary Teacher Education Program (STEP)
- ❖ All teacher education and major (KIN) coursework require a grade of C or higher
- ❖ Application is required for student teaching

math or other prerequisite courses needed. Please consult your Academic Advisor for details.

Suggested Degree Map

[Kinesiology: Physical Education Teaching Emphasis BS - 4 Year Degree Plan](#)

Prerequisites for Major & Elective Coursework

Please verify all course prerequisite information in the university catalog at <https://catalog.usu.edu/> and the academic advisor.

STEP Course Requirements: 28 credits

Course	Credits
ITLS 2500: Technology Enable Instruction	3
SCED 3210 (CI/DSS): Educational & Multicultural Foundations	3
SCED 5200 (CI): Language, Literacy and Learning in the Content Areas	3
SPED 4000: Education of Students with Disabilities	3
KIN 4300: Clinical Experience II	1
KIN 4900 (CI): Methods of Physical Education	3
KIN 5500: Student Teaching Seminar	2
KIN 5630: Student Teaching in Secondary Schools	10

Open Electives: 0-15 estimated credits

Total elective credit is determined by General Education courses taken, degree type selected, additional credits earned, and any additional