

**Master of Fitness Promotion (MFP)**  
**2024-2025 Catalog Year**  
**Plan C/Professional**  
**36 Credits**

Course Information				Course Availability			
Course Number	Course Name	Credits	Instructor	Fall	Spring	Summer	Notes
<b>Required Courses:</b>							
<input type="checkbox"/>	KIN 6300	Seminar in Human Movement Sciences	1	Studenka	X		Take 1st year
<input type="checkbox"/>	KIN 6610	Topics in Biomechanics	2	Louder	X		
<input type="checkbox"/>	EDUC 6040	Applied Research Methods	3	Suarez	X		
<input type="checkbox"/>	EDUC 6050	Applied Statistical Analysis	3	van Dijk		X X	
<input type="checkbox"/>	KIN 6500	Practicum in Corporate Wellness (6 credits required)	1 - 10	Jensen	X	X X	6 credits required
<b>Choose one of the following:</b>							
<input type="checkbox"/>	KIN 6410	Bioenergetics and Exercise Metabolism	2	Wagner	X		
<input type="checkbox"/>	KIN 6480	Advanced Neuromuscular Exercise Physiology	2	Thompson	X		
<input type="checkbox"/>	KIN 6490	Advanced Cardiovascular Exercise Physiology	2	Heath		X	Odd Years
<b>Choose one of the following:</b>							
<input type="checkbox"/>	KIN 6840	Fundamentals of Motor Behavior	2	Studenka		X	
<input type="checkbox"/>	KIN 6850	Neural Aspects of Rehabilitation	2	Bolton		X	
<b>Electives: (17 credits)</b>							
<input type="checkbox"/>	BIOL 4000	Human Dissection	1	Anderson	X		X May require Instructor Approval
<input type="checkbox"/>	EDUC/PSY 6600	Statistical Foundation	3	Knowles	X	X	Pre-requisites
<input type="checkbox"/>	EDUC/PSY 7610	Regression Analysis	3	Knowles	X	X	Pre-requisites
<input type="checkbox"/>	HEP 5400	Prevention Strategies for Obesity and Disordered Eating	3	Perkins	X	X	Requires Instructor Approval
<input type="checkbox"/>	HEP 6000	Advanced Program Planning and Evaluation for Public Health	3	DasGupta; DuBois		X X	Requires Instructor Approval
<input type="checkbox"/>	HEP 6800	Health Behavior	3	Waite	X		Requires Instructor Approval
<input type="checkbox"/>	NDFS 5320	Advanced Sports Nutrition	3	Norris	X		May require Instructor Approval
<input type="checkbox"/>	NDFS 6200	Nutrition Epidemiology	3	Duward	X		May require Instructor Approval
<input type="checkbox"/>	NDFS 6210	Advanced Public Health Nutrition	3	Gupta		X	May require Instructor Approval
<input type="checkbox"/>	KIN 5100	Fitness Assessment and Exercise Programs	4	Carey	X	X X	If previously taken as an undergraduate student or its equivalent, cannot be taken for credit.
<input type="checkbox"/>	KIN 5200	Human Motivation in Physical Activity Contexts	3	Dorsch	X		Odd Years
<input type="checkbox"/>	KIN 6050	Psychological Aspects of Sports Performance	3	Pynn	X		Even Years
<input type="checkbox"/>	KIN 6410	Bioenergetics and Exercise Metabolism	2	Wagner	X		
<input type="checkbox"/>	KIN 6425	Exercise in Extreme Environment	2	Wagner		X	Odd Years
<input type="checkbox"/>	KIN 6440	Body Composition	2	Wagner		X	Even Years
<input type="checkbox"/>	KIN 6460	Exercise Electrocardiogram Interpretation	2	Heath		X	Even Years
<input type="checkbox"/>	KIN 6480	Advanced Neuromuscular Exercise Physiology	2	Thompson	X		
<input type="checkbox"/>	KIN 6490	Advanced Cardiovascular Exercise Physiology	2	Heath		X	Odd Years
<input type="checkbox"/>	KIN 6840	Fundamentals of Motor Behavior	2	Studenka		X	
<input type="checkbox"/>	KIN 6850	Neural Aspects of Rehabilitation	2	Bolton		X	
<input type="checkbox"/>	KIN 6900	Independent Study	1 - 3	Bressel	X	X X	Requires a agreement/contract with a KHS faculty mentor prior to registration.

**Please Note:** Students may take courses not listed here to count towards their degree with prior approval from your major professor and committee.