

JOURNEY BUTTERFLIES

Butterflies are very special and beautiful creatures, even though they don't start out that way. Like each one of us, they grow and change. In fact, butterflies go through four stages during their lifetime. Their whole life is about transformation. Butterflies are sometimes used in art as a symbol for this. Traditionally, they represent new life, hopes, dreams and freedom. You are invited to decorate the butterfly below to represent a journey you've through in the past or present. You can use words, images, shapes and colors to show your unique transformation. Every butterfly is as unique as you are, so whatever comes up for you is OK – there is no right or wrong way.

