

Master of Fitness Promotion (MFP)

Program Learning Objectives

1. Demonstrate the capability to analyze the basic and applied research of others within the Fitness Promotion discipline.
2. Demonstrate knowledge of the population-based interrelationships of physical activity, fitness and health.
3. Apply appropriate skills to evaluate health and fitness using appropriate standard procedures.
4. Demonstrate appropriate program/project development, management, communication, and leadership skills through Practicum and Internship experiences within and external to USU programming.