

Spotlight: Lisa Lundgren | ITLS

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Dr. Lundgren hiking in Logan canyon with her dog, Frank

Earlier this year, Dr. Lisa Lundgren was hired as an assistant professor in the Instructional Technology and Learning Sciences department in the Emma Eccles Jones College of Education and Human Services at Utah State University. "The ITLS department offers the opportunity to do incredible, cutting-edge research with extraordinary people, so being hired here was a career highlight," Dr. Lundgren said.

Lundgren's first ever visit to Logan was in January of 2020 when she came for her on-campus tour in preparation for her new job. "Utah State's campus reminds me a lot of Montana State University's campus where I did my undergraduate and master's work," Lundgren stated. She grew up in Colorado and lived in six different states over the course of her academic career. She is very grateful to be back in the mountains and to finally be able to say that she will be settled in for some time.

When she's not writing up research results or attending Zoom calls, Lundgren spends her time with her husband, Andy, and her dog, Frank. They have loved exploring Logan's hiking trails and marveling at the steep slopes and gorgeous views of the different canyons. Lundgren is also anxiously anticipating the beginning of ski season to see if Utah lives up to its license plate motto of having the "greatest snow on Earth."

During the pandemic, Lundgren has been getting creative to figure out the best ways to stay active, whether that's through setting up her bike inside, improvising weights for in-home training (because they are sold out everywhere), or getting up early to go on a run without encountering anybody else. When asked to give some words of inspiration to everyone facing the effects of the COVID-19 pandemic, Lundgren responded, "Start a text chain with trusted friends to share memes with, remind each other to drink water, and set up times to play Jackbox games. Also, wear your mask! Wear it over your nose! Everywhere! Every day!"