

# HDFS UNDERGRADUATE WORKSHEET

\*to be used as a guide only\*

## GENERAL EDUCATION REQUIREMENTS

### Communications Literacy (CL)

- ENGL 1010
- ENGL 2010

### Quantitative Literacy (QL)

- STAT 1040 or STAT 1045  
(Sufficient ALEKS score)

### Breadth Requirements

- Creative Arts (BCA)
  - Humanities (BHU)
  - Life Sciences (BLS)
  - Physical Sciences (BPS)
  - Social Sciences (BSS)-HDFS 1500/2400
  - American Institutions (BAI)
  - Exploration (BAI, BCA, BHU, BLS, BPS, or BSS)
- OR
- Associate Degree

### Depth Education Requirements

#### Communications Intensive (CI) (2 courses)

- HDFS 4900 Pre-Practicum Skills
- HDFS 3210 Families & Cultural Diversity

#### Quantitative Intensive (QI) (1 course)

- HDFS 3130 Research Methods

#### Depth Areas Outside of the Major (1 course in each area)

- Humanities and Creative Arts (DHA)
- Life and Physical Sciences (DSC)

## HDFS MAJOR REQUIREMENTS

### Pre-major Courses\* (12 credits)

- HDFS 1500 (BSS) Human Development/Lifespan
- HDFS 2000 Careers and Life Planning in HDFS
- HDFS 2400 (BSS) Marriage & Family Relationships
- STAT 1040(QL) or STAT 1045 Introduction to Statistics  
(Sufficient ALEKS score)

- C grades or better have posted in Banner for all four pre-major courses
- Email [Laura.Holley@usu.edu](mailto:Laura.Holley@usu.edu) and she will start the process to have you admitted into the HDFS major

### Core Courses (26 credits)

- HDFS 2660 Parenting & Child Guidance
- PSY 3010(QI) Psychological Statistics (4 credits)  
(STAT 1040/1045) OR  
SOC 3120 Social Statistics (can be used if prereq's are met)  
(STAT 1040/1045 and 6 credits in Sociology, Social Work Depart)
- HDFS 3100 Abuse & Neglect in Family Context  
(Sophomore Standing, HDFS 1500, 2400,)
- HDFS 3110 Human Sexuality  
(Junior Standing, ENGL 2010, HDFS 1500, 2400)
- HDFS 3130 (QI) Research Methods  
(STAT 1040 or STAT 1045, majors only)
- HDFS 3210 (CI) Families & Cultural Diversity  
(HDFS 1500, 2400, ENGL 2010, majors only)
- HDFS 3350 Family Finance
- HDFS 4900 (CI) Pre-Practicum Skills  
(Junior Standing, majors only, CL2)
- HDFS 4980 Practicum (3 required credits=150 clock hours)  
(HDFS 4900, majors only) (F, Sp, Su)

## MUST COMPLETE AT LEAST ONE OF THE FOLLOWING EMPHASES:

### Family & Community Services (12 credits)

[Available in Logan/Statewide Campuses & Online](#)

Select *THREE* of the following:

- HDFS 4220 Family Crises & Interventions (Junior Standing, HDFS 2400)
- HDFS 4230 Families and Social Policy (Junior Standing, HDFS 2400)
- HDFS 4250 Addictions and Families
- HDFS 4260 Family Life Education Methods (Junior Standing, HDFS 1500, 2400)

Select *ONE* of the following courses:

- HDFS 3500 Infancy and Childhood (Junior standing, HDFS 1500)
- HDFS 3570 Youth and Adolescence (Junior Standing, HDFS 1500)
- HDFS 3540 Adult Development & Aging (Junior Standing, HDFS 1500)
- HDFS 4550 Preschool Methods & Curriculum (Junior Standing, HDFS 1500)

### Human Development (12 credits) [-Available in Logan/Statewide Campuses & Online](#)

Select *THREE* of the following:

- HDFS 3500 Infancy and Childhood (Junior standing, HDFS 1500)
- HDFS 3570 Youth and Adolescence (Junior Standing, HDFS 1500)
- HDFS 3540 Adult Development & Aging (Junior Standing, HDFS 1500)
- HDFS 4550 Preschool Methods & Curriculum (Junior Standing, HDFS 1500)

Select *ONE* of the following courses:

- HDFS 4220 Family Crises & Interventions (Junior Standing, HDFS 2400)
- HDFS 4230 Families and Social Policy (Junior Standing, HDFS 2400)
- HDFS 4250 Addictions and Families
- HDFS 4260 Family Life Education Methods (Junior Standing, HDFS 1500, 2400)

### Child Development (13 credits) [-Available in Logan, Brigham City and Roosevelt](#)

Complete the following:

- HDFS 3500 Infancy and Childhood must take with 3550  
(Junior standing, HDFS 1500)
- HDFS 3550 Infant Lab (1 credit) must take with 3500  
(Concurrent with HDFS 3500)
- HDFS 4550 Preschool Methods & Curriculum (Junior Standing, HDFS 1500)
- HDFS 4960\*Practice Teaching in the Child Dev Lab (6 credits)  
(Junior Standing, HDFS 4550)

### Family Finance (16 credits) [-Available Logan/Main Campus & Statewide Campuses](#)

Complete the following:

- HDFS 3450 Consumer Credit Problems (HDFS 3350) (F)
- HDFS 4350 Advanced Family Finance (HDFS 3350) (F)
- HDFS 4460 Financial Counseling (HDFS 3350) (Sp)
- HDFS 5330 HUD Certification Lab (1 credit)
- HDFS 5340 Housing Finance Regulations (HDFS 3350) (Sp)
- HDFS 5950 Financial Counseling Practicum (3 credits)  
(FF Emphasis only, HDFS 3450, 4460, 5330, 5340) (F, Sp, Su)

A grade of C grade or better is required for the major coursework, including the respective statistics courses.

120 credit hours are required for graduation from USU. Depending on the number of credit hours that you have completed prior to being accepted to the major (either at USU or as transfer credits from another institution), you may need to take additional electives to fill the necessary 120 credit hours.

Out of the 120 credits hours that are required for graduation, 40 credits must be upper-division (3000+ level).

There are minors available which can be used to fill the credit-hour requirement, but a minor is not required for this major.