

# Human Development and Family Studies Online Major Information

Fall 2024

## GENERAL EDUCATION

Communications Literacy (CL)

\_\_\_ ENGL 1010

\_\_\_ ENGL 2010

Quantitative Literacy (QL)

\_\_\_ STAT 1040 or STAT 1045

(MATH 0995 or sufficient ALEKS Placement Score)

## Breadth Requirements

\_\_\_ Creative Arts (BCA)

\_\_\_ Humanities (BHU)

\_\_\_ Life Sciences (BLS)

\_\_\_ Physical Sciences (BPS)

\_\_\_ Social Sciences (BSS)

\_\_\_ American Institutions (BAI)

\_\_\_ Exploration (QL, BAI, BCA, BHU, BLS, BPS, or BSS)

## Depth Education

Communications Intensive (CI) (2 courses)

\_\_\_ HDFS 3210 Families & Cultural Diversity

\_\_\_ HDFS 4900 Pre-Practicum Skills

Quantitative Intensive (QI) (1 course)

\_\_\_ HDFS 3130 Research Methods

## Depth Area

\_\_\_ Humanities and Creative Arts (DHA)

\_\_\_ Life and Physical Sciences (DSC)

*120 credit hours are required for graduation from USU, including 40 credit hours of upper division coursework. Depending on the number of credit hours that you have completed prior to being accepted to the major (either at USU or as transfer credits from another institution), you may need to take additional electives (between 1 and 36 credit hours) to fill the necessary 120 credit hours. There are minors completely available online that can be used to fill the credit-hour requirement. The HDFS degree requires a 2.0 cumulative GPA to enter the program and to graduate from the program. A grade of C or better is required of all major-specific courses.*

## HDFS ONLINE MAJOR REQUIREMENTS

(49 credit hours)

*All major course must be completed with a C or better*

### Pre-major Courses (10 credits)

\_\_\_ HDFS 1500 Human Development

\_\_\_ HDFS 2000 Careers in HDFS

\_\_\_ HDFS 2400 Marriage & Family Relationships

\_\_\_ STAT 1040 or STAT 1045 (MATH 0995/ALEKS)

### Core Courses (27 credit hours)

\_\_\_ HDFS 2660 Parenting & Child Guidance

\_\_\_ PSY 3010 Psychological Stats (STAT 1040/1045)

SOC 3120 Social Statistics (can be used if prereq's are met—  
STAT 1040/1045 and 6 credits in Sociology/Social Work)

\_\_\_ HDFS 3100 Abuse & Neglect

(sophomore standing, HDFS 1500, 2400)

\_\_\_ HDFS 3110 Human Sexuality

(junior standing, HDFS 1500, 2400, CL2)

\_\_\_ HDFS 3130 Research Methods

(STAT 1040 or 1045, full majors only)

\_\_\_ HDFS 3210 Families & Cultural Diversity

(HDFS 1500, 2400, CL2, full majors only)

\_\_\_ HDFS 3350 Family Finance

\_\_\_ HDFS 4900 Pre-Practicum & Professional Dev.

\_\_\_ HDFS 4980 Practicum (junior standing, full majors only)

### Complete the requirements for one emphasis

#### Human Development Lifespan (12 credits)

*Select three of following courses*

HDFS 3500 Infancy and Childhood (junior, HDFS 1500)

HDFS 3570 Youth and Adolescence (junior, HDFS 1500)

HDFS 3540 Adult Development & Aging (junior, HDFS 1500)

HDFS 4550 Preschool Methods & Curriculum (junior, HDFS 1500)

HDFS 4240 Social & Family Gerontology (HDFS 1500)

*Take ONE Family Relations course*

Family Relations Course Options: HDFS 4220, HDFS 4240, HDFS 4230, HDFS 4250, HDFS 4260

#### Family & Community Services Emphasis (12 credits)

*Select three of following courses*

HDFS 4220 Family Crises & Interventions (junior, HDFS 2400)

HDFS 4230 Families and Social Policy (junior, HDFS 2400)

HDFS 4250 Addictions and the Family

HDFS 4260 Family Life Education Methods (junior standing, HDFS 1500, 2400, majors only)

*Take ONE Human Development course*

Human Development Course Options: HDFS 3500, HDFS 3570, HDFS 3540, HDFS 4240, HDFS 4550

*\*If you are a statewide student, you also have options to complete the Family Finance Emphasis or the Child Development Emphasis.*