

A _____

Human Development and Family Studies Online Worksheet

Fall 2021

NAME _____

DATE _____

UNIVERSITY STUDIES

General Education

Communications Literacy (CL)

____ ENGL 1010

____ ENGL 2010

Quantitative Literacy (QL)

____ STAT 1040 or STAT 1045

(MATH 0995 or sufficient ALEKS Placement Score)

Breadth Requirements

____ Creative Arts (BCA)

____ Humanities (BHU)

____ Life Sciences (BLS)

____ Physical Sciences (BPS)

____ Social Sciences (BSS)

____ American Institutions (BAI)

____ Breadth Integrated Studies

Associate Degree _____

Depth Education

Communications Intensive (CI) (2 courses)

____ HDFS 3210 Families & Cultural Diversity

____ HDFS 4900 Pre-Practicum Skills

Quantitative Intensive (QI) (1 course)

____ HDFS 3130 Research Methods

Depth Area

____ Humanities and Creative Arts (DHA)

____ Life and Physical Sciences (DSC)

120 credit hours are required for graduation from USU, including 40 credit hours of upper division coursework. Depending on the number of credit hours that you have completed prior to being accepted to the major (either at USU or as transfer credits from another institution), you may need to take additional electives (between 1 and 36 credit hours) to fill the necessary 120 credit hours. There are minors completely available online that can be used to fill the credit-hour requirement. The HDFS degree requires a 2.0 cumulative GPA to enter the program, to move to full major status after completing pre-major coursework, and to graduate from the program.

HDFS ONLINE MAJOR REQUIREMENTS

(52-53 credit hours)

All major course must be completed with a C or better

Pre-major Courses (12 credits)

____ HDFS 1500 Human Development

____ HDFS 2000 Careers and Life Planning

____ HDFS 2400 Marriage & Family Relationships

____ STAT 1040 or STAT 1045 (MATH 0995/ALEKS)

Core Courses (27-28 credit hours)

____ HDFS 2660 Parenting & Child Guidance

____ PSY 3010 Psychological Stats (STAT 1040/1045)

SOC 3120 Social Statistics (can be used if prereq's are met—
STAT 1040/1045 and 6 credits in Sociology/Social Work)

____ HDFS 3100 Abuse & Neglect

(sophomore standing, HDFS 1500, 2400)

____ HDFS 3110 Human Sexuality

(junior standing, HDFS 1500, 2400, CL2)

____ HDFS 3130 Research Methods

(STAT 1040 or 1045, full majors only)

____ HDFS 3210 Families & Cultural Diversity

(HDFS 1500, 2400, CL2, full majors only)

____ HDFS 3350 Family Finance

____ HDFS 4900 Pre-Practicum & Professional Dev.

____ HDFS 4980 Practicum (junior standing, full majors only)

Complete the requirements for one emphasis

Human Development Lifespan (13 credits)

Select three of following courses

HDFS 3500 Infancy and Childhood (junior, HDFS 1500)

HDFS 3570 Youth and Adolescence (junior, HDFS 1500)

HDFS 3540 Adult Development & Aging (junior, HDFS 1500)

HDFS 4550 Preschool Methods & Curriculum (junior, HDFS 1500)

Take ONE Family Relations course, and complete ONE lab or research experience:

Family Relations Course Options: HDFS 4220, HDFS 4240, HDFS 4230, HDFS 4250, HDFS 4260

Selected lab: _____ (lab options listed below)

Family & Community Services Emphasis (13 credits)

Select three of following courses

HDFS 4220 Family Crises & Interventions (junior, HDFS 2400)

HDFS 4230 Families and Social Policy (junior, HDFS 2400)

HDFS 4250 Addictions and the Family

HDFS 4260 Family Life Education Methods (junior standing, HDFS 1500, 2400, majors only)

Take ONE Human Development course, and complete ONE lab or research experience. Human Development courses have a corresponding lab

Human Development Course Options: HDFS 3500, HDFS 3570, HDFS 3540, HDFS 4240, HDFS 4550

Selected lab: _____ (lab options listed below)

Lab Options

HDFS 3580 Adolescent Lab (1 credit) must take with or after 3570

HDFS 3590 Gerontology Lab (1 credit) must take with or after 3540

HDFS 4270 Research in Human Development (1 credit)