



LEAD Study

Life-Planning in Early Alzheimer's and Other Dementias

Discuss your end-of-life care preferences with the person who will be involved with your care.

- + Have you noticed changes in your memory or thinking skills?
- + Have you been diagnosed with mild cognitive impairment, Alzheimer's, or another type of dementia?
- + Are you or will you be caring for a person with memory changes or dementia?

We are looking for pairs who would like to complete advance care planning documents and discuss their care preferences with each other.

This study lasts 20 weeks, but only takes six hours of your time.

You can **participate in the comfort of your own home** using your laptop, desktop computer, tablet, or Chromebook.

Participants will be paid for their time.



Who Can Participate

This study is for pairs (2 people).

The first person has changes in their memory or is in the early stage of dementia.

If you are this person, you may be eligible to participate if:

- You are age 50+
- You are interested in having conversations about and documenting your wishes for your future care
- You have noticed changes in your memory or thinking skills OR
- You have been diagnosed with mild cognitive impairment, Alzheimer's disease, or another type of dementia

The second person is the care partner, usually a spouse/partner, family member, or close friend.

If you are the care partner, you may be eligible to participate if:

- You are the spouse/partner, family member, or close friend
- You are age 18+

How to Participate

Email us at

lead@utah.edu

OR

Scan the QR code



This study is conducted by Dr. Kara Dassel at the University of Utah College of Nursing (IRB_0013204)

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