

CAREGIVERS: JOIN THE COMPASSION COMPASS STUDY!

DISCOVER WAYS TO SUPPORT YOUR MENTAL HEALTH WHILE CARING FOR SOMEONE WITH DEMENTIA

WHO CAN PARTICIPATE?

YOU MUST:

- BE AN ADULT CAREGIVER FOR SOMEONE WITH DEMENTIA
- BE FLUENT IN READING ENGLISH AND LIVE IN THE UNITED STATES
- HAVE INTEREST IN COMPLETING AN ONLINE SELF-HELP PROGRAM WITH THE PERSON YOU CARE FOR

INTERESTED? COMPLETE
OUR SCREENER:



[RB.GY/1XI85N](https://utahact.com/CompassionCompass)

Earn up to \$60 for participating!

Questions?
Email: gavin.green@usu.edu



visit:
<https://utahact.com/CompassionCompass>



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